

**REFORMER EXERCISE APPARATUS HAVING  
A NON-ROTATING SPRING ANCHOR BAR**

**Abstract of the Disclosure**

A reformer exercise apparatus has a generally rectangular frame and a  
5 pair of spaced-apart parallel tracks or rails joining a head end and a foot end.  
A movable carriage is mounted on the frame for movement of the carriage  
along the rails. A pair of spaced-apart anchor bar supports formed integrally  
with the tracks is fastened near the foot end of the frame and each supports an  
end of a nonrotating spring anchor bar. Each bar support has a series of  
10 upwardly open slanted slots, and the anchor bar is received in a selected pair  
of the slots. The cross section of each anchor bar end is shaped to engage the  
slot walls to prevent rotation of the anchor bar.